Ensaladas y +

		Cereales con gluten	Huevo	Lácteos	Pescado	Moluscos	Crustáceos	Cacahutes	Soja	Frutos secos	Sésamo	Apio	Mostaza	Altramuces	Sulfitos
Bases	Espinacas	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Canónigos	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Mezclum de lechugas	–	–	–	–	–	–	–	–	–	–	–	●	–	–
	Rúcula	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Lechuga Iceberg	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Pasta	●	●	–	–	–	–	–	–	–	–	–	–	–	–
	Arroz	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Ingredientes	Aceituna negra	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Aceituna verde	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Atún	–	–	–	●	–	–	–	–	–	–	–	–	–	–
	Bacon	●	–	–	–	–	–	–	●	–	–	–	–	–	–
	Cangrejo	–	–	–	●	●	●	–	–	–	–	–	–	–	●
	Cebolla	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Cebolla crujiente	●	–	–	–	–	–	–	–	–	–	–	–	–	–
	Champiñón	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Taquitos de queso	–	–	●	–	–	–	–	–	–	–	–	–	–	–
	Espárragos	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Huevo cocido	–	●	–	–	–	–	–	–	–	–	–	–	–	–
	Jamón York	–	–	●	–	–	–	–	●	–	–	–	–	–	–
	Maíz	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Mozarella fresca	–	–	●	–	–	–	–	–	–	–	–	–	–	–
	Nueces	–	–	–	–	–	–	–	–	●	–	–	–	–	–
	Pasas	●	–	●	–	–	–	●	●	●	●	–	–	–	●
	Pepino	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Pimiento	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Pollo braseado	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Remolacha	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Tomate	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Zanahoria	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Croutons de pan	●	–	●	–	–	–	–	●	–	●	–	–	–	–
	Piña	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Salsas	Cesar	●	●	●	●	●	●	●	●	●	–	●	●	–	–
	Miel y mostaza	●	●	●	●	●	●	●	●	●	–	●	●	–	–
	Cocktail o rosa	–	●	●	–	–	–	–	–	–	–	–	●	–	–
	Queso azul	●	●	●	●	●	●	●	●	●	–	●	●	–	–
	Vinagre balsámico	–	–	–	–	–	–	–	–	–	–	–	–	–	●
	Aceite y vinagre	–	–	–	–	–	–	–	–	–	–	–	–	–	●
	Salsa de Soja	●	–	–	–	–	–	–	●	–	–	–	–	–	–
	Balsámica	–	–	–	–	–	–	–	–	–	–	–	–	–	●
	Mahonesa	–	●	●	–	–	–	–	–	–	–	–	●	–	–